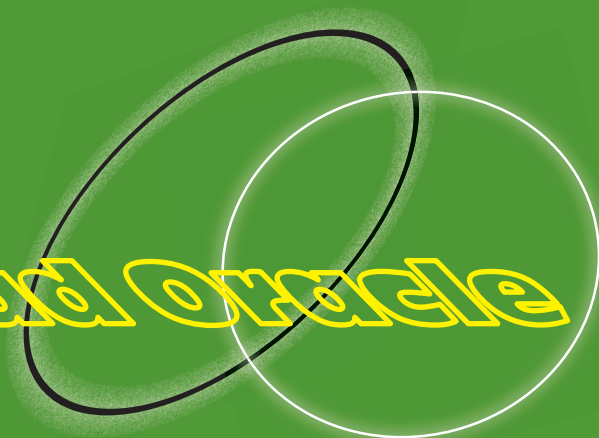


Laurel Atwell

*Bod Oracle*



momentum works.  
countering chaos is chaotic.  
keep going.  
seeing potential is the groove.  
a | | o w .  
abstraction still needs an event  
transformation is endless. the form falls apart for a reason.  
signs are everywhere and most of them  
you'll never see hear smell taste touch know.  
make sense. have sense. then nonsense.



LET US HAPPILY STRUGGLE WITH

- S T E A L I N G  
-THE EXQUISITE

- S O P H I S T I C A T I O N

-MIND READING

-BEING OUTLANDISH

-THE EROTIC

BE COMFORTABLE WITH WHAT LIES BETWEEN

THAT MOMENT AND THIS MOMENT.

MAKE DECISIONS AND

BE BETTER ABOUT TIMING.

BE MORE SUBTLE IN YOUR SEDUCTION

BECAUSE IT IS A CHOICE.

TURNS OUT MOST OF THIS IS ABOUT CHOICE.

IT WILL GO IN PHASES.

IT TAKES DISCIPLINE,

AND I DON'T KNOW WHAT IT IS.

YOU CAN DISAPPEAR OR AUGMENT.

IT CAN BE SIMPLE.

IT CAN BE DANGEROUS BUT

MAYBE DO IT ANYWAY.

EVERYTHING MATTERS SO

NOTHING'S DEAR.



What are we doing here?

Stumbling through life.

Ignoring the world around us.

Adding clutter and chaos to an already confusing world.

It's easy to become overwhelmed, unbalanced, malnourished.

Life doesn't have to be like this.

Slow down.

Breathe deeply.

Take in the world around you.

The balance is before you, within you.







K N O W

KNOW THAT THE ECONOMY OF DOING IS A MESS BUT NEVER LET THAT AFFECT  
YOUR DRIVE TO MAKE WORK WITH YOUR LIMITS MAKE YOUR LIMITS WORK  
FOR YOU AS YOUR ART GROWS KNOW HOW AND WHEN TO MAKE DEMANDS

KNOW THAT YOUR ART—EPHEMERAL OR NOT—WILL  
HAVE MORE MEANING WHEN IT SPEAKS TO ALL BEINGS

KNOW THAT WHAT YOU'RE MAKING REFLECTS THE TOOLS YOU USE

KNOW THAT WHEN YOU'RE WORKING WITH HUMANS THAT THEY ARE  
HUMAN THEREFORE MORTAL THEREFORE HAVE CONFLICTING DE-  
SIRES WITHIN THEMSELVES AND EACH OTHER THEY ARE COMPLEX AND  
CONFUSING THESE ARE THE REASONS WHY YOU WORK WITH THEM

KNOW WHEN YOU NEED A BREAK DO NOTHING RELISH THE REST

KNOW THAT YOU CAN CREATE AT ANY MOMENT IN ANY LOCATION IN ANY STATE

KNOW THAT WHEN YOU'RE NOT ACTIVELY CREATING THOSE  
ARE THE MOST IMPORTANT MOMENTS FOR INSPIRATION

KNOW THAT ART IS WORK

KNOW THAT YOU ARE A TEACHER FOR THE TIMES

KNOW THAT THE THEATER IS ALMOST NEVER THE ANSWER

KNOW YOUR RELATIONSHIP TO TIME TIME

KNOW YOUR RELATIONSHIP

PAY  
PAY

ATTENTION

TO

YOUR

ATTENTION  
DREAMS

SYSTEMS

PAY

ATTENTION

TO

YOUR

BODYS

SYSTEMS

PAY

ATTENTION

TO OTHER

PEOPLE

ON THE

SUBWAY

PAY

ATTENTION

TO

YOUR

NEIGHBORS

PAY

ATTENTION

TO THE

BACKGROUND

ACTORS

PAY

ATTENTION

TO

THE

ELEMENTS

PAY

ATTENTION

TO THE

ROOM

YOU'RE

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IGNORANCE

WORK

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TOWARDS

HONESTY

WORK WITH AND TOWARDS SELF-KNOWLEDGE AND EMPOWERMENT

A C T I O N S

CREDIT AND EVERYONE APPRECIATION SHOW FROM THEM YOUR MOMENT LOVE ONE

GIVE THINGS AWAY

SHY TIFY NOT AND AWAY USE FROM THAT PASSION, AS BUT YOUR IDEN- FUEL

ENJOY SEEING WHAT IS NOT LIKE YOU

EMBRACE THE ART OF CONVERSATION

UNDERSTAND THE SPECTRUM AND YOU EXIST RESPECT ON

COMPLIMENT INVITE WELCOME AND THEM OFFER OTHERS IN FEEDBACK

MAKE BY NOT YOURSELF FEARING AND THE PROCESS OF STROGER CREATION





I have successfully exited the scramble and am floating, not owning too much. Do I build a shrine that I carry around with me? Or is it an attitude or energy that I hone and disperse, making the starkest, coldest, whitest space feel like home? I don't know. Do I need a little traveling plant?

This concept of self assurance is at times ruthless and lacking.

What is this endless giving? Does it deplete the sources that I have into a nothingness? Or can the giving create the space for receiving? And how does one know their own limitations within this desire to help?

There was a brief period last August where I couldn't stop dreaming about animals after being unable to dream about them for the longest time. During the animal dreaming, but while I was awake, I saw spiders every day for three days in a row. I was convinced that the spiders were a sign and decided to keep track of the days I saw them. And then as soon as I decided to count, they disappeared. I haven't seen a spider since. Three were enough. The tipping point.

Knowing that the feeling you have for someone is love can be empowering beyond their response to it. I have it and I hold it. 'I love' is an action for me. I make and send them all green pearls.



this part is extra, trim at the dashes and use as a bookmark or a tiny love note.

